



Volume 23, Issue 6
Dec. 2009/Jan. 2010

From The Bread of Life Walk to Emmaus

CRUMBS



Feb. - March Walks

Men's Walk #97

February 25th - 28th

First UMC, Garden City

Lay Director: Alan Harr

Spiritual Director:

Rev. Dennis Carter

Women's Walk #98

March 4th - 7th

First UMC, Garden City

Lay Director: Brenda Harder

Spiritual Director: Rev. Rick Just

It is time to send in your applications and sponsor forms for the February/March Walks in Garden City. The deadline established by the Board of Directors is **February 1, 2010**. This will give time for sponsors to get the letters for the Pilgrims and for the paper work and name tags to be prepared.

A Word From Our Community Lay Director

Greetings,

I hope all of you had a wonderful Thanksgiving and took time to stop and give thanks for all your blessings whether they were small or large. Paul and I were blessed this year with the birth of a granddaughter this summer, making a total of seven grandchildren. We have been blessed in so many different ways this year. And for me personally Emmaus is a blessing. I am blessed every time I participate in a Walk through fellowship with other Christians by working along side someone I have met through Emmaus and during communion when we break bread as a community. Serving on the conference room team is always a blessing. Also, Candlelight on Saturday night is a blessing for the pilgrims and the community. To see the expressions on pilgrim's faces as they walk into the sanctuary is so awesome. I can go on and on about how I have been blessed with the experience of the Walk To Emmaus, but you know don't you! Because we have all been blessed in many different ways.

Now new members of the Emmaus Community, it's your turn to help someone else experience these blessings. Our next set of walks will be February 25th – 28th and March 4th – 7th. They will take place in Garden City, KS at the First United Methodist Church, 1106 N. Main. Is there someone you could sponsor on the walks? If you need help sponsoring or have questions, I know Mel Meyer will be glad to help you or talk to your sponsor, they will be glad to help you out also. The applications are on line at our web site.

Please, come and work with us. Join us in the kitchen if you like to cook, or if you just like to hang out. There are snacks to be prepared in the snack kitchen, there is agape to get ready and there are tables to be set, and clean up to be done. Come join us and be a blessing to the pilgrims on Walks 97 & 98 by helping behind the scenes. In Matthew chapter 24, verse 40 it says, "The King will reply, "I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me."

The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace. *Numbers 6:24-26.*

Merry Christmas and Happy New Year

Deb Hartman, Bread of Life Board Chair
Walk 48, Table of Sarah



**LET US FILL THE
EMMAUS WALKS &
CHRYSALIS FLIGHT
NOW!!!**

Cross Winds Chrysalis Flight No. 35 ♦ First UMC, Wichita

December 27- 30, 2009 ♦ www.crosswindschrysalis.org

Chrysalis is sponsored by Bread of Life Emmaus and is for youth who are Sophomores in high school to Freshmen in college.

Applications are online at www.crosswindschrysalis.org.

Chrysalis Schedule: Send-off - 6:00 p.m. on Sunday, Dec. 27th. (You can bring snack donations at this time.) Candlelight - approx. 8:00 p.m. on Tues., Dec. 29th in the Sanctuary. Closing - approx. 4:00 p.m. in the Sanctuary on December 30. Please come to support our youth.

Community Spiritual Director
Rev. Rick Just, 620.375.4471
rmljust@yahoo.com

Class of 2009

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Chrysalis Liaison
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Just Rick - our Community Spiritual Director

Once again God did His thing at the recent Walks held at Wichita in October. In keeping with His promises, God does not disappoint. Aren't you glad? I know I am. As I write this, Thanksgiving is just a few days away and I must confess that I am so thankful for this thing called "Walk to Emmaus". I am constantly amazed at the transformation that takes place in the lives of men and women who go through the Walk.

In October I found myself just setting back and observing God at work in the lives of the men and women who were participating. Some had deer-in-the-headlights look the night of send off. Some were wondering what in the world all the posters, magazines, glue and glitter were all about. Some began to smile as early as Friday morning. Some were more cautious, but ended up smiling none-the-less. God spoke to some through the talks, some through the times in the chapel, some through the singing in the conference room, some at the table of Holy Communion, some at candlelight, some at the opening of the letters, some at the time of closing. No matter, God spoke to all the pilgrims at one point or another during their 72 hour walk. What a blessing to observe it all and experience God's presence through the work of His Holy Spirit.

I refer once more to Thanksgiving and I encourage all of you to take a moment to bend the knee and give thanks for those who had the vision to put the Emmaus model together. Give thanks for those who are in leadership positions. Give thanks for being able to be a pilgrim. Give thanks for being able to be on a team. Give thanks that God always shows up. And need I remind you to give thanks that God does not disappoint. All praise and glory to His holy name!

De Colores!
Rev. Rick Just



WELCOME NEW BREAD OF LIFE MEMBERS!

Seneca & Conrad Bates, Wichita
Dana & Brad Elmore, Wichita
Terie & JC Kelley, Wichita
Nadine & Bob Malay, Wichita
Cindy & Terry Shields, Wichita
Suzanne & Jim Seaton, Mount Hope
Cindy & Alan Vancil, Derby
Debbie & Bart Wilson, Wichita
Glenna & Jim Matson, Wichita
Joni & Tim Johnson, Wichita
Pat Benson, Parsons
Amy Bickel, Hutchinson
Bobbi Earley, Cunningham
Crystal Freeman, Cunningham
Susan Fordyce, Wichita
Tiffany Halderson, Cunningham
Vicki Steffen, Cunningham
Crystal Osborn, Wichita
Barbara Boren, Wichita

Lynda Houle, Wichita
Amanda Huffman, Cunningham
Pamela Thorpe, Wichita
Linda Railsback, Parsons
Patty Tristan, Wichita
Faye Wagner, Marion
Jo Harris, Wichita
Debi LeVieux, Douglass
Arlene Lanier, Douglass
Veronica Schmitz, Wichita
John Bain, Parsons
Brian Hopkins, Wichita
Ron Lyne, Hutchinson
Melvin McDonald, Wichita
Brian Hopper, Wichita
Angela Winegarner, Haysville
Sharon Allen, Wichita
Theresa & Stan Garnett,
Rhonda & Ross Hays, Rosehill

A Christmas blessing

*May you have the Spirit of Christmas, which is Peace,
The Gladness of Christmas, which is Hope,
The Heart of Christmas, which is Love,
The Gift of Christmas, which is Christ.*

—Ada Hendricks



...News from the Board...



Sponsorship for Pilgrims:

Friends, we have just finished two wonderful walks in Wichita and it is time to think about our upcoming walks in Garden City. These walks are fast approaching! Do you have someone that you want to sponsor? If you need help with what sponsorship involves, call or email me and I will help. If you need sponsorship training or just a refresher, let me know. I will be happy to come to your community gathering and give a class to all who need help. Lets make sure that we have lots of pilgrams for these spring walks. Not only will the pilgrams receive a blessing but when you hear their story from the weekend you will be blessed also. May you have a Merry Christmas and Happy New Year.... See you in Garden City.

Mel Meyer, Walk #71, Table of Matthew, Sponsorship Chair. sfcmlm86@gbta.net or 1.620.324.5812

Prayer Room:

Your prayer support during the fall walks was tremendous and it was a privilege to be in the prayer room with many of you during the October walks as God faithfully overcame obstacles and hurdles time and time again through your prayers. Please continue to pray for the Emmaus community and especially for the upcoming Chrysalis flight in December and the Feb./March walks in 2010. Pray for the teams and Lay Directors Brer^{da} Harder and Alan Harr. May God's richest blessings be yours this season and always! God is good all the time!

Beth Strickler, Walk #56A, Table of Esther, beth@ehumc.org or 316.210.5103



Snacks:

Hello everyone. I hope you're all enjoying getting ready for the Holidays. This time of year is a glorious time for families to reflect on what we are truly thankful for and to remember Christ, our Lord and Savior. I want to take this opportunity to thank each one of you for the donations of time and snacks for the last walks. Your generous heart of giving is a blessing to me! I have truly enjoyed being the snack person along with Lori Richards. Keep the next set of walks in your mind as they will need lots of snacks. Hope to see you in Garden City in February and March. One request is for more sugar free snacks. People are more health conscience and some just can't have sugar.

De Colores, Donna Schrag, dschrag1@cox.net or 316.640.7522

Kitchen:

I just want to thank every one who was there to help during the October Walks at First Church, it was a lot of fun and I enjoyed working with you all. I would also like to say that I really appreciate all the people who have helped me over the last 3 years to make the kitchen run as smooth as it has, with out your hard work we never could have done it. I have made some great friends and hope to make more in the coming years as we continue to work and grow the Emmaus Family. Please mark your calendars for the walks in Garden City and lets make sure that those go as well and are as plentiful with Pilgrims as the recent walks were.

Thank you and God Bless,

Barry Park, The Kitchen Guy, Walk #77, Table of Paul



Agape & Facilities:

This has been a very uplifting year for me and being on the Board this year has helped me grow spiritually. At the closing of Walk 73 I received my cross letting me know that "Christ is counting on you". Serving in a dual capacity was very challenging, but Jesus was there by my side. Since this was my first time serving in Agape and in facilities I was very nervous. At the Haviland walks 93 and 94 I was overwhelmed by the teams and the help that I received. God had provided a special individual named Laura Hayden who made everything look easy. Things went so smooth and I was impressed with all the Agape that was brought in by the Communities. Everyone on the teams at Haviland did a tremendous job in helping in the set up and take down. On walks 95 and 96 at the First United Methodist Church I was very disappointed at the amount of help for security and setup and take down at these walks. God has taught me a lot about being a 4th Day Servant. I learned that there was a lot more to the walks than just the send offs, sponsors hour, and closing. Walk 96 ended in a good note and the help, prayers and God's love was everywhere. I am sad that this is my last year as a Board Member but I know I am being called to serve in other areas on the walks and am looking forward to the Garden City Walks.

In His Name,

DeClores, Del Rinehart,

deldeb31@aol.com or 316.393-3390.





**The Bread of Life
Walk to Emmaus**
P.O. Box 47307
Wichita, KS 67201-7307

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Return Service Requested



Monthly Gatherings of the Emmaus Community

- Ark City/Walnut Valley Community - Contact Sylvia McAlister, 620-442-7685 or rmcaster1@cox.net - (3rd Sat.) - agape at 5:30, potluck, gather at 6:00 p.m.
- Cunningham - Contact Bill Stapleton, 620.324.5328 or wasj@gbia.net
- Douglas - Spirit & Truth Community - 3rd Monday 6:30 pm, 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. firstchurch99@yahoo.com.
- Edwards County - Kinsley UMC or Lewis UMC - (3rd Thurs.)- Alternates between Kinsley & Lewis; meet at 7:00 pm Call 620.659.2273
- Garden City - 1st UMC (located at Main & Kansas Avenue) - (3rd Sat.) - Meet at 7:00 p.m. upstairs on the east end of the hallway, room 214. Email the Harders at dobre@odsgc.net for more info.
- Great Bend - Trinity UMC - (1st Tues.) - meet 6 pm for worship followed by fellowship meal at 7pm
- Haysville - Contact Pamela Turkle, 316.524.3771
- Haviland - Haviland Friends Church - currently not active, Contact Logan Vandenhook, 620.862.5617
- Hutchinson - times and locations vary, Contact Barbara Gray, 620.664.6560 or baelgray@sbcglobal.net
- Lakin - Lakin UMC - (3rd Wed.) - meet at 8 pm; bring snacks; Contact Jim Jarboe@620-355-6204
- Larned - (3rd Mon.) - meet at 6 pm for worship followed by fellowship. Contact: Leigh Anne Stelter, 620.285.6694 or Karren Skelton, 620.285.2909
- Leoti - (twice a month) - 1st and 3rd Sundays at 6:30 p.m., Leoti UMC
- Marion County - Valley UMC - Contact Bob or Anita Brookens, 620.382.3556 or Gary or Jo Ella Hett, 620.382.3887
- Salina/Lindsborg - Trinity UMC, 901 E. Neal - (2nd Sun.) - meet from 4 pm to 6 pm; contact Pastor Bill
- Topeka/Sonflower Emmaus Community - (2nd Sat.) - Location varies; for further info. Contact sonfloweremmaus@cox.net
- Wichita Community - No gatherings currently scheduled

**We're on the web:
www.breadoflifecommunity.com**

CRUMBS MAILING LIST

Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving, please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.