



From The Bread of Life

Walk to Emmaus

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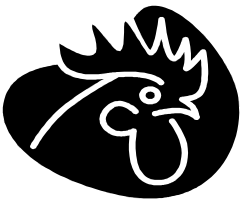
Volume 24, Issue 5
Nov.-Dec. 2010

Men's Walk #101
March 3 -6, 2011
First UMC, Garden City
Lay Director Dave Daniels

Women's Walk #102
March 10-13, 2011
First UMC, Garden City
Lay Director Charlotte Wise

Men's Walk #103
October 6-9, 2011
First UMC, Wichita

Women's Walk # 104
October 13-16, 2011
First UMC, Wichita



And God saw that it was good. Genesis 1: 26

The men's and women's walks were good!!!! Praise the Lord!!!! God works in mysterious ways. How many times have you heard from pilgrims that they really didn't want to be there? Sometime during the weekend God pulled at their hearts and they were changed and conformed to His thinking. They stayed and were blessed and received nourishment to sustain them in their fourth days. Don't you remember your experience? I hope you never forget it. Haven't you been blessed in your fourth days? I have and I will never forget my experience. I hope your sponsors have provided information about reunion groups. As new pilgrims, I hope you will follow through and get connected to one of these reunion groups.

Gloria Gaither said, "*There is something in every season, in every day, to celebrate with thanksgiving.*" With Thanksgiving just around the corner we must stop and meditate on what we are thankful for. We all have our own blessings, but we must never forget our freedom. We have the freedom to gather with friends and family and pray to our God and thank him for what we have. Thanksgiving and Christmas are times for us to reflect on our lives, to reflect on our blessings, and to show others we care about them. This season is one of best times of year. Getting ready for company, preparing food, gift giving and so many other activities, it can seem overwhelming. Don't lose sight of why we do what we do. We must have servants' hearts as Jesus did, to serve, not to be served. To give with the love of Jesus as he is the one that taught us to give. After all, God gave his only son so we may have eternal life. At Christmas we must keep our eye on the star and give with the same love God gave to us on that special morning. Our gifts are to be freely given too. We must remember gifts of any size are pleasing to God when they are given out of gratitude with a spirit of generosity. With this awesome season upon us, my prayer for you all is that you slow down, keep God at your side and love in your heart for others and most of all enjoy the best gift of all, Jesus. May you be blessed and may I be the first to extend to you a Happy Thanksgiving and a Very Merry Christmas.

Donna Schrag Community Lay Director, Wichita, KS

It's hard to believe that we just completed the 100th Walk to Emmaus for the Bread of Life Community this past month in Wichita. Isn't it wonderful to know that since 1987 over 3,000 pilgrims have experienced God's grace as a result of this wonderful spiritual formation weekend? What a blessing! Thanks so much to those who were the early "pioneers" who had the insight and fortitude to respond to God's calling to draw men and women closer to him through this wonderful 72 hour experience with God.

Once again I found myself amazed at how God continues to work in the lives of his people, especially as I reflect upon these past two walks. I watched those behind the scenes, cleaning, running errands, setting up, tearing down, cooking in the kitchen, making agape, providing snacks, praying, and praying. I observed the teams at work – the lay director, the spiritual director, the assistant lay directors and assistant spiritual directors, the table leaders, the assistant table leaders, and the music team, all working together to serve the pilgrims in their quest to experience God in a new and fresh way. And lastly, I listened to the testimonies of the pilgrims and was reminded that God is still in the heart changing business. Not only were their hearts burning within them, but our hearts were strangely warmed as well as we listened to them.

So, praise God for his great love and faithfulness to all of us. And praise God for one hundred walks to Emmaus. Here's to the next hundred!! *Rev. Rick Just, Community Spiritual Director*

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...News from the Board...

Sponsorship:

Do you have someone you want to sponsor on The Walk to Emmaus?

Have you had sponsorship training? Need help? Contact Mel at sfcmlm86@gbta.net

Mel Meyer, Walk #71, Table of Matthew

Kitchen:

The October walks were great, lots of pilgrims and lots of help. Isn't God great? Ask and we will receive and we did. Now I am looking forward to the March walks in Garden City. Let us start praying for pilgrims as we go into the coming season of celebrating the birth of our Lord. May Christ be with you all. DeColores, Patty Huffman, the Kitchen Lady

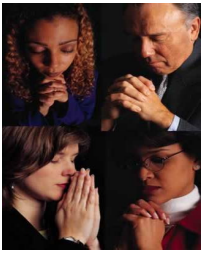
Agape:

Once again God has blessed us with successful walks. I want to thank all of you who came and helped. For those who brought gifts of agape, helped to decorate the letter bags, brought stationary to write agape letters on and stayed to help in all the ways you were needed. I thank you, the board thanks you and most of all the Pilgrims of Walks 99 and 100 thank you.

One of the things I am trying to do is to make sure that you get your left over agape back. This way you have a start on the next walks agape. If there were large amounts of agape left I'll try to mail it to you, if I know who it belongs to. If not I'll keep it on a separate table and you may pick it up in March. I probably won't keep Oct. 2010's agape past March of 2011 and March 2011's agape past Oct. of 2011. I just don't have room to store it. Please look for your left over agape at the end of each set of walks.

NOW, once again it is time to start thinking of the next set of walks. They are in March and we will need 65 pieces of agape for the men and 65 for the women. These walks will be in Garden City. If you are planning on coming, bring it with you and I'll see you there ☺. If you won't be able to make it to Garden City and want to mail the agape to me that would be great. I'll make sure it gets there. Just email me and let me know when it's coming. My address is 2308 N. Van Buren, Hutchinson, KS 67502

DeColores, Deb Hartman, Agape Chairperson.



The **Emmaus Prayer Room** is an amazing vantage point from which to view the Walks. That all Emmaus Walks are bathed in prayer is essential to God's work through Emmaus. The large wooden cross where the pilgrim's crosses hang is the centerpiece of the prayer room. Praying over each cross as the pilgrims experience God's love, confront their struggles and go deeper with the Lord, brings those of us praying closer to Christ as well. Praying for the speakers and other team members as they come and go from the prayer room and kneeling beside countless Emmaus community members praying in one accord for God's blessings on those gathered for the walks – the Prayer Room is truly a joyful place to be!

And...if you signed up online for the **72 hour prayer vigil** you may have noticed that in addition to the Kansas Bread of Life community in prayer, there were also people in Mexico, Canada, Australia, Alabama, West Virginia, New Mexico, Georgia, Texas, Nebraska, Oklahoma – all praying for our Wichita walks. Did you know that with Emmaus, P.R. does **not** stand for *public relations*? It stands for *Prayer Room!* Well that's my story and I'm sticking to it! I was blessed by all those prayers for God's will to be done in the walks – hope you were too! Thank you with all my heart!



An Invitation to Pray:

Pray for March 2010 Walks – go to www.breadoflife.com or www.3dayol.org and find the new signup list for Bread of Life March 2011 Men & Women's Walks.

Encourage your friends at community gatherings and reunion groups to sign up as well. DeColores! Beth Strickler, Walk #56A, Table of Ruth, Prayer Room & Prayer Vigil Coordinator



On the Road to Emmaus

Welcome New Board Members:

Jackie Penner, Linda Oakes, Mark Maier, Bill Crymble, and Alan Rush - We also welcome Diane Stapleton to the board as she fills a one year vacancy left by Mary Duft.

Welcome to The Bread of Life Walk to Emmaus Pilgrims of Walk #99

- | | |
|-------------------|-----------------|
| Joshua Melcher | Jim Christensen |
| Courtney Vaughn | Thomas Starns |
| Derek Steffen | David Schwenk |
| Daniel Williamson | Paul Saas |
| Jeff Prothro | Chad Cox |
| Anthony Schmitt | James Moore |
| Rick Hodge | David Ediger |
| Jaime Lopez | Rob Bletscher |
| Sean Koppes | Steven Mueller |
| Richard O'Rorke | Jonathan Grubbs |
| Marty Banuelos | Ted Stapleton |

Welcome to The Bread of life Walk to Emmaus Pilgrims of Walk #100

- | | |
|----------------------|----------------------|
| Treva Carley | Susan Lawrence |
| Edyie Moore | Marguerite Rasmussen |
| Jan Dwyer | Dorothy Huddleston |
| Judy Christensen | Pat Ault-Duel |
| Tena Luongo | Wanda Williams |
| Bev Duncan | Barbara Hughes |
| Leighann Prothro | Edna Lopez |
| Jean Walls | Suzie Vantries |
| Betty Jenkins | Lisa Mericle |
| Karen Schmitt | Bonita O'Rorke |
| Connie McClellan | Ze Elsen |
| Pam Jackson | Karlisa Brewer |
| Colleen Bowman | Kandis K. Jackson |
| Jan Hopkins | Joan Conner |
| Amy Glendening | Gail Bauer |
| Emily Cox | Teresa Green |
| Marlys Dunaway | Dawn Williams |
| Kathy Vaughn | Lisa Schwenk |
| Carolyn May | Moon-Hee Chung |
| Gloria Grace Prosper | |



Bread Of Life

Walk to Emmaus

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Return Service Requested



Merry Christmas !

We're on the web:

www.breadoflifecommunity.com

Monthly Gatherings of the Emmaus Community

Ark City/Walnut Valley Community - Contact Sylvia McAlister, 620-442-7685 or rmcalister1@cox.net - (3rd Sat.) - agape at 5:30, potluck, gather at 6:00 pm.

Cunningham - Contact Bill Stapleton, 620.324.5328 or wasi@gbta.net

Douglass - Spirit & Truth Community - 4th Monday 6:30 pm, 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. fristchurch99@yahoo.com.

Edwards County - Kinsley UMC or Lewis UMC - (3rd Thurs.) - Alternates between Kinsley & Lewis; meet at 7:00 pm. Call 620.659.2273

Garden City - 1st UMC (located at Main & Kansas Avenue) - (3rd Sat.) - Meet at 7:00 pm. upstairs on the east end of the hallway, room 214. Email the Harders at dobre@odsac.net for more info.

Norton - 1st UMC 3rd Saturday at 6:00 pm, contact Pastor Lyn Linde.

Haysville - Contact Pamela Turkle, 316.524.3771

Haviland - Haviland Friends Church - currently not active, Contact Logan Vanderhook, 620.862.5617

Hutchinson - times and locations vary, Contact Barbara Gray, 620.664.6560 or baelgray@sbcglobal.net

Lakin - Lakin UMC - (3rd Wed.) - meet at 8 pm; bring snacks, Contact Jim Jarboe@620-355-6204

Larned - (3rd Mon.) - meet at 6 pm for worship followed by fellowship. Contact: Karen Skellon, 620.285.2909

Leoti - (twice a month) - 1st and 3rd Sundays at 6:30 pm, Leoti UMC

Marion County - Valley UMC - Contact Bob or Anita Brookens, 620.382.3556 or Gary or Jo Ella Hett, 620.382.3887

Quirira Community - Alden - Ellinwood - 2nd Thursday 7:00 pm, alternating locations. Contact Pam Beck at 620-564-3720

Salina/Lindsborg - Trinity UMC, 901 E. Neal - (2nd Sun.) - meet from 4 pm to 6 pm; contact Pastor Bill

Topeka/Sonflower Emmaus Community - (2nd Sat.) - Location varies; for further info. Contact sonfloweremmaus@cox.net

Wichita Community - No gatherings currently scheduled

CRUMBS MAILING LIST: Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.