



From The Bread of Life Walk to Emmaus

CRUMBS

Words from the Community Lay Director

Volume 29, Issue 4
November 2015

Men's Walk #121
February 25th-28th
Garden City UMC

Women's Walk #122
March 3rd-6th
Garden City UMC

Applications and
sponsorship
information available
on the Bread of Life
community website.

It's that time of year when we tend to look back on all we have to be thankful for. As Christians, we are, of course, grateful for the grace of a God who loves us despite of all our faults, a Savior who gave all so that we might have eternal life, and a Spirit who guides us through good times and bad. I pray that you all have family, friends, and a faith community that inspires and supports you on your fourth day journey.

I could fill the pages of the Crumbs just by counting the blessings of this past year and still have many more to spare, but I don't want to forget the newest members our community, the fourth day pilgrims from walks 117, 118, 119 and 120. I want to thank you all for spending a weekend with us and sharing with us at closing. I want to encourage you to stay involved with the Walk to Emmaus by joining a Reunion Group, sponsoring friends and family members as pilgrims, working behind the scenes, providing music or entertainment, making agape, or returning to the conference room as a leader. I'm sure I speak for the whole Bread of Life Community that getting to know you is one of the blessings we will count for 2015.

Something else that also happens this year, we are seeking new board members. I have really enjoyed my time on the board and found it to be a very rewarding experience. If you have been a part of the Emmaus community for a while and have never served on the board, would you please prayerfully consider joining the board of directors? It's kind of like going on a walk, if you wait for the perfect time, it may never come. I would like to thank the two people who have stepped forward to put their hats in the ring. Look for their names soon coming to an email message near you, but I would like to add your name to the list. **Board positions open are: walk activities, registrar, facilities east, Crumbs, and fourth days/sponsorship.**

If you have any questions, please feel free to contact me or any of the board members. My email address is pattynjohn@embarqmail.com and my phone number is (620) 388-2086.

De Colores,

John Huffman



WELCOME NEW MEMBERS!

Harold Drumright, Craig Hadsall, Jeremy Hands, Jacob Henderson, Kim Martin, Jacob Schadel, John Oden, Todd VanDerVoorn, Ron Shortridge, Robby Hernandez, Paul Robinson, Janie Anderson, SueAnn Drumright, Rachel Hadsell, Caitlin Henderson, Patty Hands, Devorah Hillard, Linda Sue Moor, Madonna Moore, Heather Oden, Debbie Parks, Morgan Penner, Janelle Preheim, Candy Reeves, Jana Robinson, Andrea Schadel, Mary Shortridge, Emily Shrimplin, Dianne Swaim, Carol Widmer

Facilities....

Another walk behind us. It sure takes a lot more work than I ever dreamed. I would like to thank those that helped take the material out to Wichita, unload it, repack it, bring it back and unpack it. When I volunteered for this job, I had no idea what it took to put on a walk, but I am learning. I am so thankful for the hand and feet of Christ that volunteer to help on these walks.

We have a few short months to rest and then we will be at it again, bringing the love of Christ to more Pilgrims. Please start praying for those that Christ has in mind, that they will open up their hearts and be receptive to going on the walk.

Thanks so much for everyone's help.

Jim Fetty



From the Prayer Room ...

Thanks to all who helped in the prayer room at the walks in Wichita. A special thanks to my wife Dar for covering for me during the women's walk so I could go to be on the team for Kairos 26 at Hutchinson Correctional Facility.

As the Prayer Leader for the Bread of Life Community I would ask that you all be in prayer that we would be able to fill all of the Board positions for next year as there will be 7 positions open.

De Colores,

Bob Sheetz



WALK ACTIVITIES

We had a great set of walks in Wichita this fall! I would like to thank everyone who came out to support the Pilgrims on Thursday, Saturday, and Sunday as well as those who were able to stop and help at any time during the weekends. A special thanks goes out to Abby, Mary, and Rick for providing music for community Saturday and to the music teams for playing for us on Sunday.

Wishing everyone a blessed Thanksgiving and Christmas season!

De Colores,

John Huffman



From the Kitchen ...

I would like to give a big shout out of **THANK YOU**, to ALL volunteers that pitched in and helped during our Fall Walks. YOU made the walk a success. Volunteers are essential and I am grateful to EVERYONE. Whether you helped a few minutes, several hours, or each and every day - YOUR help was greatly appreciated & your service was a blessing to many!

I am excited and eager to experience God's hands and feet at work once again this Spring. Please know that the kitchen will never turn you away & we can always use your help. So, if you want an opportunity to have fun while sharing AGAPE love towards others, please make time during the Spring walks to work side by side & fellowship with your Emmaus family in the kitchen.

I would also like to report that all left over meals were placed in containers and taken to the Harvey County Homeless Shelter. The Shelter was happy to receive the donation and the residents were able to be blessed by Bread of Life Emmaus. Thank you!

Your Sister in Christ,

Nikki Willis



Community involvement/Sponsorship responsibilities

The Walk to Emmaus is a moving and meaningful experience for most pilgrims. Even though it is **GOD** who placed the pilgrims on our hearts to attend their walk at their time, it is also up to us, the **SPONSORS**, to help the pilgrim experience not only the walk, but their 4th day journeys to their fullest potential.

Without the sponsors, the pilgrims would not be at the Walk and without the background and behind the scenes work of ALL OF US, the walks do not function properly. This is where YOU come into play.

When sponsoring a pilgrim you take on the responsibility of being there for **THEM** during **AND** after their walk. These responsibilities include, but are not limited to, completing registration paperwork correctly and completely, noting if your pilgrim has any health, food, mobility or other issues the team would need to be aware of; bringing your pilgrim to the walk on Thursday evening, assisting them in taking their items to their sleeping rooms and helping them get settled in. Attending Send off and also Sponsors hour afterward send off. This also includes attending Saturday evening activities; attending closing and helping the pilgrim to gather their items and get them home safely upon conclusion of their walk weekend.

Once their walk is complete, the sponsors need to see to it that their pilgrim find reunion groups to be introduced to. Take them to the next community meeting and introduce them to the Emmaus family in your area. You, the sponsor, are their link to other Emmaus members. Encourage them to get involved with the next set of walks and to attend a reunion group of their choosing.

Working behind the scenes anywhere is also vitally important! The prayer room, the kitchen, the snack kitchen, the agape room, setting up or re-arranging tables for meals, running errands for someone on the team or behind the scenes, being in the cluck chorus or be the chicken for Saturday night. Each of these tasks helps to assure the walks run smoothly and no one will turn away volunteers!

Without the participation from our sponsors and previous 4th day pilgrims, there is not enough help to work behind the scenes and to continue to offer two walks per year. As help dwindles as well as a decreased interest from the community to serve on the board, continuing walks look less and less likely. Community and sponsor participation along with a strong commitment to Emmaus is needed to ensure walks in the future.

Please pray about the board, please come and work behind the scenes, Emmaus needs you!

Walk #120 LD thoughts...

I thought it was a success. We had a few glitches with a new facility, but it all went well. The pilgrims were blessed as they stated in their evaluations as well as what we heard at closing. We had 19 pilgrims, which I thought was very good considering we only had 2 a few weeks before.

We could have had more community turn out, but as always, there were many things are going on.

It was a blessing to be LD for this walk and get to know the pilgrims. We are all on our 4th days, but the glory of it all, is God is always with us.

The board members did a great job with all the things they had to do considering they are short many members.

Please think about that if u want Emmaus to continue in Ks. We need your help.

De Colores,

Donna Schrag
Lay Director walk # 120



News from Chrysalis and Materials...

I want to take a minute to thank everyone who helped out with this last set of walks. They, as always, were an amazing example of God's love and grace. I feel blessed to have had the opportunity to serve another year on the board and I look forward to one more.

I would like to remind everyone that there is a **Chrysalis flight** coming up **Dec. 27th-30th** at **First UMC in Wichita, KS**. Registration is at 6:45 and send off starts at 7:30. Candlelight service is scheduled for 9:00 on the 29th and Closing is scheduled for 4:00 on the 30th.

Also, any agape would be very welcome! If you need someone to pick it up, let me know, and I would be happy to help arrange for someone to pick it up, or I would be willing to. We have been fairly short the last few years, so anything would be greatly appreciated!! Thank you for all you do!

In Love,

Amanda Prim



Every Day Is A Gift

When the doctors come to the waiting room to update the family on the status of a newly admitted critical patient, you don't want to hear them say every day is a gift. You should know that it is time to pray. Pray hard! Share your efforts with everyone you can think of! When the staff returns several times over the next few days and they repeat the status.....Keep Praying.

Most of us can't offer specific medical assistance in times like this. We can only ask our Lord to guide the hands of the medical team. We can only ask that His will be done. We can only request that His peace come to the situation. We can only ... wait! WHAT? "ONLY"?!?!? Are you Kidding me? What WE can offer is "only" the All Knowing Guidance of the Great Healer! We can invite the One who walks on water! We can cry out to God, our Father to bring about the exact result we desire – Because He TOLD US TO!

Jesus told us that if we abide in Him and his words abide in us, then ask what you will and it will be done unto you! People – PRAY! Pray without ceasing – In good times and bad. Our Lord has given us the greatest tool to calm the seas. Prayer. Challenge your own faith and ask for HIS help. Keep Jesus close – Keep his words in your heart and on your tongue! Sing his praise and cry for his assistance – Every day truly IS a gift – Just know that you have, at your side, the one who defeated death – and through His Amazing Grace, you have no less days to sing His praise, than when you first began. Amen? Yes, Amen!

De Colores!

Nate Matt



Got Agape.....

Once again, God has blessed us with two successful and powerful walks. Those of you who came and helped set up, sent agape and/or prayed over the walks truly were an important part of every pilgrims experience. Thank you for everyone who took part in some way, the walks would not be able to take place without each person's efforts. There were some great agape pieces these walks in Wichita; we had enough agape for beds as well as the conference room, which is amazing. Before we know it, the spring walks in Garden City will be here, please plan for 70 pieces for the men's walk, as well as 70 pieces for the women's walk. We want the pilgrims to feel God's abundant love surrounding them

De Colores!

Emily Ansel



From the Snack Crew ...

This was our first time serving on the snack committee. Working behind the scenes can be such a blessing. Come join us and don't be afraid to chair a committee because you are afraid you'll make mistakes. Learn from your mistakes as I did.

Thanks to everyone who helped us in the snack kitchen, Facilities committee, ALD's and others who carried tables, water coolers and ran errands to help us set up and take down. Thanks to everyone who brought snacks, cookies, breads, fruit, brownies, Tijuana Trash, food for special diets, sandwiches, summer sausage, little smokies, barbecued meatballs, and anything else I have failed to mention.

We want to give a special thanks to Judy McKinney who spent both week-ends showing us the ropes. And thanks to those who told me it was ok to sit down and rest when I was very tired and had the chance.

We encourage sponsors to let us know what special foods your pilgrim likes so we can have it on the table, or better yet bring that snack.

You can reach me, Sylvia McAlister at [620-442-7685](tel:620-442-7685), leave a message or text or call [620-446-1650](tel:620-446-1650) to let me know if you are bringing something to the next walk, so we know what we need to buy. We need 2 plates of sandwiches for each walk.

De Colores,

Co-Chair Co-Chair
Sylvia McAlister Carol Middleton



From Registrar...

A warm welcome to our new pilgrims! We pray you continue to experience God's joy on all of your fourth days. As we prepare for the upcoming holiday season, remember Jesus truly is the reason for the season! Please keep the upcoming walks in prayer and consider sponsoring a pilgrim. The walks will be held in Garden City and we look forward to seeing you there!

If you would like to sponsor a pilgrim, please contact myself or another board member and we will schedule a training. I continue to serve as registrar - **but, please note that more board members are needed.** Prayerfully consider if you can serve in this capacity. It is rewarding to help behind the scenes. Again, contact a board member for any questions you might have and let us know your interest!

Application and sponsorship forms can be found on the Bread of Life Website and mailed to me. My address is listed on the form. **Ideally, having the forms two weeks prior to each walk assists greatly in the planning process. For the men's walk that date is February 11th and for the women's walk it is February 18th.**

Happy Thanksgiving and Merry Christmas!

Michelle Komlofske



www.facebook.com/BreadOfLifeWalkToEmmausCommunity

We are currently trying to update mailing addresses and current phone numbers. Please submit any changes to emmausbread@cox.net or P.O. Box 47307, Wichita, KS 67201-7307.



Bread of Life
Walk to Emmaus
P.O. Box 47307
Wichita, KS 67201-7307
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We're on the web and on Facebook:

www.breadoflifecommunity.com
<http://www.facebook.com/BreadOfLifeWalkToEmmausCommunity>

Monthly Gatherings of the Emmaus Community

Ark City/Walnut Valley Community – contact Sylvia McAlister, 620-442-7685 or rmcalister1@cox.net. Potluck, gather at 6:00 p.m.
Cunningham – contact Kathy Albers at kalbers49@cox.net or 620-298-2725
Douglass – Spirit & Truth Community – 4th Monday 6:30 p.m., 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. firstchurch99@yahoo.com
Edwards County – Kinsley UMC or Lewis UMC – 3rd Thurs. Alternates between Kinsley and Lewis; meet at 7:00 p.m. 620-659-2273
Garden City – 1st UMC Main and Kansas Avenue. 3rd Sat. – Meet at 7:00 p.m. upstairs room 214.
Norton – 1st UMC 3rd Saturday at 6:00 p.m., contact Pastor Lyn Lind.
Halstead – 1st Saturday Contact Bryce Beckett 316-259-6861
Haysville – After Services 3rd Sunday Contact Sandy Stout at swstout@cox.net
Haviland – Haviland Friends Church – currently not active. Contact Logan Vandenhook, 620-862-5617
Hutchinson – times and locations vary. Contact Barbara Gray, 620-664-6560 or baelgray@sbcglobal.net
Lakin – Lakin UMC – 3rd Wed. Meet at 8 p.m. Bring snacks. Contact Jim Jarboe @ 620-355-6204. Women meet at 5:00 pm on Mondays.
Larned – 4th Mon. 6 p.m. at the Larned United Methodist Church. Fellowship to follow. Contact Rev. Bethann Black (620) 285-3183 or at revbethann@cox.net
Leoti – 3rd Sunday at 6:00 p.m., Leoti UMC. Contact Shad Mehl at mehibox@fairpoint.net
Marion County – Valley UMC – contact Bob or Anita Brookens, 620-382-3556 or Gary or Jo Ella Hett, 620-382-3887
Quivira Community – Alden-Ellinwood – 2nd Thursday 7:00 p.m., alternating locations. Contact Pam Beck at 620-564-3720
Salina/Lindsborg – Trinity UMC, 901 E. Neal – 2nd Sun. Meet from 4 p.m. to 6 p.m. Contact Pastor Bill
Topeka/Sonflower Emmaus Community – 2nd Sat. Location varies; for further info, contact sonfloweremmaus@cox.net
Wichita Reflection Reunion Group – Meets at the Copper Oven every other Friday, 8 a.m. to 9 a.m. Contact Pat Johnson pjohn3382@cox.net

CRUMBS MAILING LIST – Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving, please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.