



From The Bread of Life Walk to Emmaus

CRUMBS

Words from the Community Lay Director

Volume 27, Issue 4
November 2013

Men's Walk #113
March 27 – 30, 2014
First Church Wichita

Women's Walk #114
April 3 – 6, 2014
First Church Wichita

**Applications and
sponsorship
information available
on the Bread of Life
community website.**

Welcome to our newest members of the Bread of Life Emmaus community! I pray we are having great 4th days as we spend time with our Lord and Savior Jesus Christ in our daily walk with Him. I want to thank all who helped with the Fall Walks. We cannot help with Emmaus Walks without being blessed ourselves. Remember to keep walking close to Christ - get involved with your community meetings and reunion groups.

Are you praying about who you are called to sponsor on the Spring Walks? We need to be about the business of filling the Spring Walks with pilgrims. Your board is busy planning and preparing for them, the teams will be chosen soon, and team meetings will start in January.

As we are approaching the celebration time of the birth of our Lord and Savior, I pray a special blessing on each of you during this special time. Let us serve the Lord with JOY in our hearts....

Alan Rush, Community Lay Director, Bread of Life Emmaus.

Welcome new pilgrims!!

Walk #111 Men's Walk: David Gilchrist, Mark Hornbaker, Colby Katz, Bob Larson, Brant McGhee, Paul Munson, Nick Rhodes, Ben Starkey

Walks #112 Women's Walk: Shirley Anderson, Norma Cunningham, Pamela Kay Davis, Acacia Davis, Marie Gilchrist, Betsy Gilchrist, Miranda Helfrich, Jessica Katz, Shawna Longsine, Janet Mathias, Julie Munson, Carolina Rodriguez, Silvia Sorroza, Amanda Stimatze, Emilie Taber, Connie Sue Tritle, Esther Walker, Jody West

We are currently trying to update mailing addresses and current phone numbers. Please submit any changes to emmausbread@cox.net or P.O. Box 47307, Wichita, KS 67201-7307.

Facilities....

Hello everyone, what a wonderful set of walks we had here in Garden City this fall. The Holy Spirit was truly present and did the work that was needed as always. I just wanted to say thank you to everyone that has helped me over the last three years with the facilities and everything else I was blessed to do.

These were my last set of walks to do as a board member, my term runs out at the end of December but I bet I will still be helping out in whatever way I can.

Also, I wanted to give a big THANK YOU to the youth group from Lakin who came over on both weekends and helped with teardown. Your help was much appreciated and welcomed.

As you might already know, our next set of walks will be in Wichita at the end of March and first part of April at First Church, I'm sure they will need plenty of help with everything – start planning now so you have plenty of time to adjust your schedule to help however and whenever you can.

We also need people to be on the board. If the Holy Spirit is leading your servant heart in that direction, please give Alan Rush a call (620) 229-4122 and he will be able to visit with you.

Until we see each other again, may you be truly blessed in everything that you do.

DeColores, Mark Maier, Walk #91, Table of Peter



www.facebook.com/BreadOfLife

WalkToEmmausCommunity

From the Prayer Room ...

Thanks to all who helped lift the Pilgrims and Teams up in prayer for walks #111 & #112. The prayers were felt in the conference room and throughout 1st UMC Garden City. Don Jossen covered the Prayer Room for Walk #111 and I covered the Prayer Room for Walk #112. Serving as a prayer warrior, with help from our Heavenly Father, is an experience that leaves you filled with joy and purpose.

God tells us in 1st Thessalonians 5:17-18 "Pray without ceasing. In everything give thanks; for this is the will of God in Christ Jesus for you." For those of you in our Emmaus Community who took time to sign up for the 72 hour Prayer vigil, we say thanks. The dedication shown by you is not taken for granted. God loves to hear from His children and you never get a busy signal from his phone.

Remember to look on our web site for the Prayer Vigil sign up for Walks # 113 & #114. The Prayer Vigil will be up soon. We, as a community, need to remember to sign up and fill all the prayer times.

Jim Jarboe Walk #69 Table of Luke



From the Kitchen ...

I am truly blessed with all who came to help in the kitchen at the Garden City walks. God's light shined down on all the hard work. I could not have done it without all the hard work from the Angel's that served.

I looked forward to seeing all of you at the next set of walks in Wichita. Serving is so rewarding and if you haven't done it, I recommend you to give it a try. You will feel truly blessed. Help is always welcome and greatly appreciated.

May God's light shine down on you this blessed day!

God Bless!!

The Kitchen Lady, Kate Goodnight

Walk Activities

I am looking forward to the Wichita spring walks and hope to see you all there. We had a wonderful time in Garden City this fall and I would like to thank everyone who came out for any of the activities. A special thanks to those who helped with entertainment and music during one or both walks. The spring walk send-offs will start around 6:30 pm both Thursdays at First UMC and will be followed by Sponsor's Hour. Send-off is a great place to meet some of the new pilgrims and run into old friends and acquaintances in the Emmaus community.

We need a pianist for each spring walk to accompany Saturday night's entertainment. Members are also needed for the chorus Saturday after the pilgrim's meal. We will practice around 4:00 pm on each Saturday at FUMC. Community gathers Saturday evening at 7:00 pm, moving to the sanctuary around 8:00 pm. Closing will be scheduled each Sunday at 3:00 pm. I hope to see you there to help support the pilgrims of walks #113 and #114.

De Colores, John Huffman Walk 79,
table of Matthew

Got Agape?

I want to thank everyone for the agape for the last walks and for the help in the agape room. The next walks are in Wichita and we will need 70 pieces of agape for each walk. Thank you and God bless. Ted Stapleton

God's hand at work

In April my cardiologist noticed that I had a severe murmur. He had another cardiologist do surgery where the mitral valve was repaired and a bypass was done. At first I felt better. In September, Dr. Beck, my cardiologist, referred me to St. Luke's Hospital, in Kansas City, for an LVAC. I was accepted and went in for a week's assessment. The following Saturday I was released but had to return in 2 weeks. The next Monday (Labor Day) I returned to the E.R. at St. Luke's. They determined that I needed a new heart and I was placed on the waiting list for 21 days.

On September 25th a heart was located and on September 26th the heart was in place. It took 24 hours to get the heart ready and just before the new heart was installed the old heart stopped. They had to use the paddles to bring me back. I was at St. Luke's for 8 weeks and my wife Debby stayed with me the entire time. On October 10th we returned home and my new heart is functioning well.

At our Church our favorite song is "Standing on the Promises of God" and we believe that we are standing on his promises. This was a true miracle!

Del Rinehart, Walk 73 Table of Paul

Literature Corner

Thank You for letting me serve on the Emmaus Board -- I really enjoyed my 3 years but it is time that some of the community step forward and say "YES" to coming on the board. We are a working board so we do have jobs to do when we have walks but what a joy and what blessings we receive by doing GOD's work.

My job has been the literature; almost my entire job is completed before the Walks begin. It is getting the teams materials to them at team meetings and make sure things are ordered for the Walk. Please pray about this and say "Yes" so we can continue to be God's hands and feet in the future. Diana Stapleton



Bread of Life
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We're on the web and on facebook:

www.breadoflifecommunity.com
<http://www.facebook.com/BreadOfLifeWalkToEmmausCommunity>

Monthly Gatherings of the Emmaus Community

Ark City/Walnut Valley Community – contact Sylvia McAlister, 620-442-7685 or rmcalister1@cox.net. Potluck, gather at 6:00 p.m.

Cunningham – contact Kathy Albers at kalbers49@cox.net or 620-298-2725
Douglass – Spirit & Truth Community – 4th Monday 6:30 p.m., 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. firstchurch99@yahoo.com

Edwards County – Kinsley UMC or Lewis UMC – 3rd Thurs. Alternates between Kinsley and Lewis; meet at 7:00 p.m. 620-659-2273

Garden City – 1st UMC Main and Kansas Avenue. 3rd Sat. – Meet at 7:00 p.m. upstairs room 214.

Norton – 1st UMC 3rd Saturday at 6:00 p.m., contact Pastor Lyn Lind.

Halstead – 1st Saturday Contact Bryce Beckett 316-259-6861

Haysville – After Services 3rd Sunday Contact Sandy Stout at swstout@cox.net

Haviland – Haviland Friends Church – currently not active. Contact Logan Vandenhook, 620-862-5617

Hutchinson – times and locations vary. Contact Barbara Gray, 620-664-6560 or baelgray@sbcglobal.net

Lakin – Lakin UMC – 3rd Wed. Meet at 8 p.m. Bring snacks. Contact Jim Jarboe @ 620-355-6204

Larned – 3rd Mon. 6 p.m. at the Larned United Methodist Church. Fellowship to follow. Contact Harold Mills hm6875@yahoo.com or Susan Mills susanpelzel@cox.net

Leoti – 3rd Sunday at 6:00 p.m., Leoti UMC. Contact Shad Mehl at mehibox@fairpoint.net

Marion County – Valley UMC – contact Bob or Anita Brookens, 620-382-3556 or Gary or Jo Ella Hett, 620-382-3887

Quivira Community – Alden-Ellinwood – 2nd Thursday 7:00 p.m., alternating locations. Contact Pam Beck at 620-564-3720

Salina/Lindsborg – Trinity UMC, 901 E. Neal – 2nd Sun. Meet from 4 p.m. to 6 p.m. Contact Pastor Bill

Topeka/Sonflower Emmaus Community – 2nd Sat. Location varies; for further info, contact sonfloweremmaus@cox.net

Wichita Reflection Reunion Group – Meets at the Copper Oven every other Friday, 8 a.m. to 9 a.m. Contact Pat Johnson pjohn3382@cox.net

CRUMBS MAILING LIST – Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving, please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.