



Volume 31, Issue 2
March 2017

NEXT WALKS

**Men's Walk
#127 October
5-8, 2017**

**Women's Walk
#128 October
12-15, 2017**

**Both walks will
Be at the
PLEASANT
VALLEY
UMC
1600 West
27th St, North
Wichita KS**

**Applications
and sponsorship
information
available on the
Bread of Life
community
website.**

The Bread of Life Walk to Emmaus

CRUMBS

FROM COMMUNITY LAY LEADER

We often joke about the weather in Kansas. Something along the lines of "If you don't like the weather, wait 5 minutes." The forecast for today is in the low 40s for a high, and yet earlier this week it was in the mid 70s! I'm so glad that God's love for us isn't as fickle as the weather. His love never fails!

While weather changes can be extreme during the Spring, it also is a time of renewal. The birds come back out to play, the trees and flowers burst forth with new growth and beauty. I was blessed this last set of Walks with a similar experience. Many pilgrims and team members mentioned experiencing a renewal of faith during the closing ceremonies. Witnessing the 'spiritual leakage' and joy on the pilgrims faces is a precious gift for me. I also very much enjoy reconnecting with my Emmaus friends from all over the state while working behind the scenes. Without some of these people in my life, it would be much more difficult to get through the challenges that life throws our way.

So I encourage you to get involved and stay involved in a reunion group! As the saying goes, a sorrow shared is halved, and a joy shared is doubled. This is so true with the reunion group I belong to. We love to celebrate each others joys, but we are also there to help with the burden when sorrows impact our lives. If you are not in a reunion group, you are missing out on one of the blessings that Emmaus gives us.

In addition to the reunion groups, there are also community gatherings on a monthly basis. These gatherings give us the opportunity to stay in touch with other Emmaus friends outside our reunion group as we come together for worship, prayer, and (of course) snacks.

The next set of Walks will be in Wichita this fall. They will be held October 5-8 and 12-15 at Pleasant Valley UMC. I hope to see many of you there to support the new pilgrims during their journey. Be in prayer about who you could introduce to a renewed Fourth Day by sponsoring them on Walks 127 and/or 128.

De Colores!

Todd McCutcheon, Community Lay Director

WELCOME NEW COMMUNITY MEMBERS

WALK 125 --

Manny Lujan, David Brandt, Keith Kirk, Walter Williams, Dion Stephen, Austin Maier, Steve Irvin, Ken Penner, Tyler Hands, Josh Davison

WALK 126 --

Amanda Maier, Amanda Hands, Dana Denton, Mayra Lujan, Marvel Brandt, Jenny Eitel, Cindy Fowler, Nicole Stephen

CONFERENCE ROOM TEAM – WALK 125

LAY DIRECTOR-Manuel Ortiz; ASST. LAY DIRECTORS-Mark Maier, Chris McNiell, Curtis Ansel; SPIRITUAL DIRECTORS-Brad Kirk, Bruce Leisy, John Lewis, Doug Olson, Dennis Wallace; TABLE LEADERS-Paul Hartman, Tim Miller, Cody Finlay, Jason Anderson; ASST. TABLE LEADERS-Michael Roark, Jason Kraus, Jr Torres, Bruce Loy, Caid Adams, Colby Katz, Ross Hays; MUSIC-Tim Johnson, Matt Allen, Taylor Freburg, Doug Harder; BOARD REP-Ralph Goodnight; SERVANT LEADERS-Russ Komlofske, Scott Bryant, Gary Morgan, Mark Goehring, Kent Maddux

CONFERENCE ROOM TEAM – WALK 126

LAY DIRECTOR-Missy Allen; ASST. LAY DIRECTORS-Michelle Sheppard, Sarah Trapp, Kathy Wingert; SPIRITUAL DIRECTORS-Gary Davison, Terry Mayhew, Doug Olson, Abby Caseman, Becky Davison; TABLE LEADERS-Elaine Anthony, Shawna Roark, Darla Daniels, Becky Miller, Jessica Katz; ASST. TABLE LEADERS-Teresa Clark, Diana Kirk, Andrea Anderson, Miranda Helfrich, Dawn Williams, Kimberly Webb, Rhonda Hays; MUSIC-Brenda Harder, Mary Stackhouse, Melissa Fletcher, Ashley Freburg; BOARD REP-Jenny Maier; SERVANT LEADERS-Julie Munson, Ginny Ortiz, Anna Finlay, Emilee Bless

From the Kitchen Lady:

Welcome to the Emmaus community Fourth Day Pilgrims! We hope you enjoyed your Emmaus experience and left Sunday filled with God's love!

I would like to thank each and every person that stopped by the kitchen to share God's agape love with our pilgrims through the service of meal preparation! What a fun time we had working together! Thank you for the fellowship, the belly laughs, and meaningful conversations we shared! God's presence is abundant in the Emmaus Community and that is what makes the walks successful.

If you weren't able to help in the kitchen this time, or are brand new to the Emmaus Community, please consider blessing the pilgrims during our Fall walks in Wichita. We will have many opportunities for you to share God's love with them. We would love to see you there!

DeColores
Nikki Willis

Agape News

A huge THANK YOU to everyone who helped in any way in the Agape room. There was constantly great help clearing/setting up tables, placing agape, sorting and praying over letters, etc. We also received a lot of great agape pieces including several new ones! We were lacking pieces this year for the men's walk but had some awesome community members who stepped up and made some last minute pieces. All of your help was very much appreciated!

This is my last year on the board, three years have truly flown by! If you feel this position is something you would be interested in, I encourage you to come help with the next set of walks to see if it's a fit for you! Always feel free to contact me with any questions you have!

Looking forward to working with everyone in the fall!

Emily Ansel

From the Prayer Room

Once again I was blessed to be in the prayer room during Walk 125. My wife Dar wants to say that she was blessed by all who came to pray for the speakers on Walk 126. Let me say thank you to all who came to pray during this past set of Walks and to all who signed the prayer vigil. The dates are set for the Fall Walks in Wichita. Please be in prayer for the next Walks and I would ask that you pray for God to lead you to the person or persons that you may sponsor for the fall walks. May God's Blessings be with each one of you.

De Colores,
Bob Sheetz

From your REGISTRAR! GREETINGS--

Once again God was present and working during the spring 2017 Walk to Emmaus. It takes SO many people to make it a success, and it never ceases to amaze me how many people are willing to give of their time and talents.

The next walks begin on Oct. 5, at Pleasant Valley UMC in Wichita. NEW PILGRIM and SPONSOR FORMS are updated on the website. Please use the form that is located on the website, as it has the most current information. The forms that have been printed and copied may not have the most recent pricing, etc.

Thank you for allowing me to be a part of this ministry.

DeColores!
Aimee Burch

LITERATURE AND SUPPLIES

Welcome Pilgrims!! I would like to welcome the newest 4th Day Pilgrims from Walks 125 & 126 to the Bread of Life Community! I hope your days have been blessed beyond measure since your walks! What a joy it was to be a part of this process and to serve on the Men's walk team. If there are literature resources I can provide, please let me know. Once again a warm welcome to the new pilgrims and thank you to those who served the Walks in Garden City!

De Colores,
Ralph Goodnight, Literature and Supplies
Email: thorpe@pld.com

Hello from Facilities West

Things are quiet now and we can look back and see where God's hand was at work and remember the moments during the walk when we saw God's hand at work. I would like to thank everyone that helped with the walk especially all the servants that pitched in setting up and taking down. You are the real people that put this walk on and I am thankful to be small part of it.

In God's Service,
Jim Fetty

FROM THE SNACK LADIES--

Thank you to everyone who donated food for snacks during walk 125 and 126. Because of your expression of agape, the table was full of something for everyone and no one went away hungry.

We encourage you to start prayerfully considering who to sponsor for the fall walks in October. Once you have them registered ask them in passing about their favorite snacks and then bring it for the snack kitchen to put out during their walk. You would be surprised how quickly they notice your act of agape.

Once again thank you for your wonderful generosity and support of the snack kitchen. Be blessed in your 4th days.

Carol Middleton
Sylvia McAllister

2017 BOARD OF DIRECTORS--

Rev. Brad Kirk, Rev. Bill Stapleton, and Rev. Dennis Carter Spiritual Directors; Michelle Komlofske, Team Selection Chair; Todd McCutcheon, Community Lay Director; Jenny Maier, Treasurer; Verda Dietz, Crumbs Editor; Kristi Wherritt, Technology; Bob Sheetz, Prayer Room; Emily Ansel, Agape; Aimee Burch, Registrar; Nikki Willis, Kitchen; Marqueta Keeton, 4th Day & Sponsorship-West; Pat Johnson, Sponsorship-East; Jim Fetty, Facilities-West (Garden City); Larry King, Facilities-East (Wichita); Ralph Goodnight, Literature & Supplies; Sylvia McAlister and Carol Middleton, Snacks; Kirk Hayden, Chrysalis Liaison; Alan Albers, Walk Activities

SPONSORSHIP – WEST AND 4TH DAY

We can officially say Walks #125 & #126 are successfully in the books. I just want to take a moment to say congratulations and welcome our new pilgrims into the Bread of Life Community.

NOW, like Paul Harvey used to say " Now the rest of the story". What I mean by that is your 4th day's. Those of you who sponsored pilgrims, this is for you. Sponsorship didn't end with the closing ceremony. Now is the time for follow-up. Some ways to help those we sponsored connect with their local reunion group is inviting and even taking your pilgrim to your gatherings and keeping in touch with them at least weekly for a few months assisting them on their continued walk with our precious savior Jesus Christ. Their experience of this agape love may just be the catalyst for them to search for their own pilgrim to sponsor. What a blessing this ministry has been and will continue to be, strengthening Christ's kingdom in this world.

As always if your reunion group would like a sponsorship training packet just e-mail me at marquettekeeton@gmail.com with your mailing address and I'll send it out to you. After you're done just send a list of those who attended with their newest contact information so I can update our records. You can also go to the Bread of Life web page to print off both the pilgrim application and the sponsorship forms for future walks.

DeColores,
Marqueta Keeton / Sponsorship West and 4th Day

LETTER TO THE COMMUNITY--

Dear Emmaus friends,

Recently, I have been reflecting on experiences that have most affected my life. God has truly blessed me many, many times!

One of the more impactful blessings was attending the Walk to Emmaus back in January of 1987. There were 13 of us "Pilgrims"... four of which came from Pleasant Valley UMC (the church I attend). Through the power of the Holy Spirit, Emmaus was having a significant impact on many people's lives, so much so that we felt called to help create other communities throughout the state. This community and its "walks" became known as "The Bread of Life" (BOL) and it grew quite rapidly. Even more important to us was the effect it had on the churches from which the "pilgrims" came. They were greatly empowered with joy and a new energy to be participating in the work of Christ.

I'm sure almost everyone who has gone through the Walk to Emmaus, Cursillo, or a similar event, has felt or feel as I do. However, other parts of life sometimes creep in, don't they? Many of us have become involved with other interests (i.e., work, our children or grandchildren, their sports, plus other activities). And, as this happened, the local BOL community gradually became less active with fewer participants.

Have you allowed this to happen as I have? If so, would you take a few moments to pull out your Agape, or your letters, and review them? Do you feel the same emotions as you did at the time of your Walk? I have and do!

As you feel this renewed sense of the Holy Spirit, let me ask... Do you have church members you would like to experience the Grace, Love and Joy you felt at your walk? If so, would you pray to lead you/us, to them and them to you/us? With the Power of the Holy Spirit, let's re-energize, strengthen, and grow our churches! We can prepare each other to bring the un-churched, the marginally churched, and the hungry to know our Savior Jesus by helping to train and support new church leaders.

Please attend, sponsor "pilgrims," and support your Bread of Life Walk to Emmaus and Chrysalis community! If it's helpful, we have a BOL Community Gathering that happens every month on the second Tuesday at Pleasant Valley

(letter continued on next page)

(Letter to the Community – continued)

United Methodist Church, 1600 W 27th St N., Wichita, Kansas 67204. (If another time would work better, let Todd McCutcheon or Pat Johnson know.)

Finally, the fall Walks are scheduled for October 5-8 (Men's) and October 12-15 (Women's) at Pleasant Valley UMC in Wichita. Please be praying about your involvement in these walks, who God may be leading you to sponsor, and be looking forward to more information in the near future.

DeColores,

Bud Johnson, Table of Matthew, Walk #1

Pat Johnson, Table of Ruth, Walk #2

Walk Activities

What a great set of walks we just held in Garden City! The numbers were smaller than we have come to expect, but the Grace flowing was at maximum. I told my wife Kathy as we were leaving the men's send off, "It is like getting a booster shot" when we attend any part of the walk. The great memories that come back from our walk and the great friendships, which have grown over the years, all come back.

Bringing my pilgrim back to her home from the women's walk was wonderful. She couldn't say it enough how it had been the greatest experience of her life. Her story isn't an exception, but the often repeated norm.

In another conversation with an Emmaus friend, he told me about how after last Fall's walk in Wichita, his wife told him that her walk was the closest thing that she had every felt to Heaven.

These walks have changed lives!! So why are the numbers down?? Are we being selfish? Do we want to keep this joy and love of God to ourselves? Think about it! Who could you ask to be Pilgrim for the Fall Walks in Wichita? It's not too early to think about and pray about who you could ask to go on the Fall Walks. As someone who was slow to agree to go on my walk, I know not everyone is quick to say yes. I'm only glad that people kept asking and didn't give up on me. Don't give up! Keep asking!

DeColores,
Alan Albers

FROM FACILITIES EAST-

Greetings Emmaus Community

The first set of walks is behind us now and it was a great success.

We have a big request for the Emmaus Community. We are looking for a trailer to take back and forth from Garden City to Wichita and back again with all of our supplies that are needed for the Walks. We would like to have one that is 14 feet long and opens from the side and back. We are asking that if anyone has one for sale or one that someone could donate to us to contact me or any board member. I can be reached at 785-871-7490. We would like to come look at it.

The Emmaus board deeply appreciates all the help from everyone that works behind the scenes on the walks,

Our next set of walks is coming up on October 5-8 for the men and October 12-15 for the women. We are always looking for help in the kitchen and I will be looking for help in getting beds set up on the 4th and the 11th of October.

Looking forward to working with everyone this fall in Wichita!!

DeColores,
Larry King
Facilities East

DE COLORES



Bread of Life Walk to Emmaus

P.O. Box 47307
Wichita, KS 67201-7307

Return Service Requested

We're on the web and on Facebook:

www.breadoflifecommunity.com
<http://www.facebook.com/BreadOfLifeWalkToEmmausCommunity>

Monthly Gatherings of the Emmaus Community

Ark City/Walnut Valley Community – contact Sylvia McAlister, 620-442-7685 or rmcalister1@cox.net. Potluck, gather at 6:00 p.m.
Cunningham – contact Kathy Albers at kalber.s49@cox.net or 620-298-2725
Douglass – Spirit & Truth Community – 4th Monday 6:30 p.m., 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. fir.stchurch99@yahoo.com
Edwards County – Kinsley UMC or Lewis UMC – 3rd Thurs. Alternates between Kinsley and Lewis; meet at 7:00 p.m. 620-659-2273
Garden City – 1st UMC Main and Kansas Avenue. 3rd Sat. – Meet at 7:00 p.m. upstairs room 214.
Norton – 1st UMC 3rd Saturday at 6:00 p.m., contact Pastor Lyn Lind.
Halstead – 1st Saturday Contact Bryce Beckett 316-259-6861
Haysville – After Services 3rd Sunday Contact Sandy Stout at swstout@cox.net
Haviland – Haviland Friends Church – currently not active. Contact Logan Vandenhook, 620-862-5617
Hutchinson – times and locations vary. Contact Barbara Gray, 620-664-6560 or baelgray@sbcglobal.net
Lakin/Deerfield – Deerfield UMC – 2nd Sat. Meet at 6 p.m. Bring snacks. Contact Barb Jarboe 620-355-6204 or Jessica Katz 620-426-7602
Larned – 4th Mon. 6 p.m. at the Larned United Methodist Church. Fellowship to follow. Contact Rev. Bethann Black (620) 285-3183 or at revbethann@cox.net
Leoti – 1st and 3rd Sundays 7:00 pm, Leoti Methodist Church
Marion County – Valley UMC – contact Bob or Anita Brookens, 620-382-3556 or Gary or Jo Ella Hett, 620-382-3887
Quivira Community – Alden-Ellinwood – 2nd Thursday 7:00 p.m., alternating locations. Contact Pam Beck at 620-564-3720
Salina/Lindsborg – Trinity UMC, 901 E. Neal – 2nd Sun. Meet from 4 p.m. to 6 p.m. Contact Pastor Bill
Topeka/Sonflower Emmaus Community – 2nd Sat. Location varies; for further info, contact sonfloweremmaus@cox.net
Wichita Reunion Group – 2nd Tuesday, 7:00 pm, Pleasant Valley UMC, Youth Center, Contact Pat Johnson pjohn3382@cox.net

CRUMBS MAILING LIST – Our postal costs have increased as now each returned newsletter costs 44 cents. We are updating our mailing list in an effort to reduce returns, but we need your help. If you know you are going to be moving, please make sure you add us to your change of address list. It's very easy to update your information by going to the Bread of Life Community website.