



Volume 33, Issue 1
June 2019

NEXT WALKS

**Men's Walk
#135
October 3-6,
2019**

**Women's Walk
#136
October 10-13,
2019**

**Both walks will
Be at the
PLEASANT
VALLEY
UNITED
METHODIST
CHURCH**

**Applications
and sponsorship
information
available on the
Bread of Life
community
website.**

The Bread of Life Walk to Emmaus

CRUMBS

FROM COMMUNITY LAY LEADER

"Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me." John 12:26.

Greetings Bread of Life Community!

Welcome to the Bread of Life to those pilgrims fresh off the Spring 2019 walks in Garden City. Thank you for taking time to be part of this great group known as Emmaus!

Your Emmaus Board is taking steps to prepare for the Fall Walks in Wichita on the first two weekends in October 2019. We have new Director and Team Manuals from the Upper Room. We will ask team member to purchase the team manual (\$10.00) and they may use them as they serve on subsequent teams. The Bread of Life will keep additional copies on hand..

The Board of Directors has three unfilled positions at this time. Three more positions will need to be filled when terms expire at the end of 2019. The Board seeks names of all of you interested in serving on the Board. Terms are for three (3) years and this a working board. Every thing required for a walk to happen is directed by the board with community volunteers to get all the work done. This ranges from cooking meals, washing dishes, setting and clearing tables, serving meals, making agape, setting up and taking down beds to praying in the Prayer Room, Sponsors Hour, Send-Off and Closing. Please let me (Larry King), Ralph Goodnight, or Marsha Jarboe know if you are interested!

I look forward to seeing everyone at the Fall Walks in Wichita on October 3-6 for the Men's Walk and October 10-13 for the Women's Walk.

Finally, thank you for taking time to be involved in Emmaus and participating. If you are a new member of the community, the fall walks are your first opportunity to serve! All members of the community are always welcome (and needed) to come and help and share to make this a memorable time for the pilgrims who are attending!

DeColores!

Larry King, Community Lay Director, 501 W. Crane, Norton, KS
785-871-7490, email: bigbass67642@yahoo.com

FROM OUR SPIRITUAL DIRECTOR

Nothing is Impossible for God

The prophet Jeremiah said, “Ah, Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you (vs 17)”.

Everyone knows we are living in tough times. Times are tough spiritually. Times are tough economically. Times are tough for the Bread of Life Emmaus Community. We contemplated not having the Fall Walks due to lack of participation from the community. Just before we closed the door, God stepped in and made a way where there seemed to be no way. I want you to know that the same God Who spoke peace to Jeremiah in a prison cell is the same God Who knows where you are today. He was the God of the impossible then, and He is still the God of the impossible now.

Have you ever noticed that God made a habit of doing the impossible? Sarah gave birth to Isaac in her eighties. The Red Sea split to make a path for the Israelites. The walls of Jericho fell with a shout. Mary gave birth to Jesus when she was still a virgin. We have a God who laughs at the impossible. The moment that we realize that God is beyond the impossible it changes our lives. We no longer see things through our own petty limitations. We no longer see God in ways that limit His power and ability. Notice what Jeremiah said, “Nothing is too hard for you [God].” Those words are literal because there is nothing that is too hard for God to accomplish. God takes what we believe to be impossible and does it. After all, He is God. There is nothing that He cannot do.

The issue is all about perspective. We look at life through our limited perspective and see the impossible. God looks at our lives through His divine perspective and sees unlimited possibilities. Think about that for just a moment. If God made the heavens and the earth, what is beyond His ability to accomplish? The very word of God has the ability to bring creation into being out of nothing. God speaks and light comes into existence. God speaks and stars become a reality. God breathed and Adam came alive. What is impossible for God? The answer is: Nothing!

The problem is that there are plenty of things we face that seem to be impossible. There are things that happen in life that limit our ability to see the work of God clearly. We see the impossibilities of personal setbacks on a daily basis. The weight of our problems seems to overwhelm us to the point that we think of giving up.

Trials come our way just as they did for the disciples on the Sea of Galilee with a sudden storm. Illness strikes suddenly. Problems come to those we love. Hardships come in financial setbacks with unexpected burdens. The reality is that life can be far more difficult than we anticipate. In the midst of all of these issues we seem to forget that nothing is impossible for God.

During the ministry of Jesus, He proved that He could indeed accomplish the impossible. Jesus had power over death because He raised the dead. He had power over nature. He calmed storms and turned water into wine. He had authority over demons. The Lord gave the command and the demons had to obey. He had the power over sickness. He healed those with a variety of illnesses. The blind received sight, the deaf could hear, the crippled could walk and lepers were cleansed.

Jesus does what we think is impossible. There is no problem that He cannot solve. There is no hurt that He cannot heal. There is no sickness that He cannot cure. There is no pain that He cannot relieve.

Today, look carefully at your life and think of the impossible things you are facing. Jesus

More from the Community Lay Director

My experience on the Walk to Emmaus was amazing. I really got a lot out of all the talks and the team did an excellent job. It was an eye opener to me that I wasn't closer to God. I had slipped away some, but the talks made me realize that I needed to be closer to God. The quiet time was what I needed and the friends that I met there were amazing. Going through the Emmaus Walk was exactly what I needed. I currently serve as the Community Lay Director and it has been a pleasure to do this. Larry King Walk #117

REGISTRAR:

What did my Emmaus Walk mean to me? I remember telling the Emmaus community at closing that it meant the world to me. That is still the best way to sum up my walk, and every walk that I've been involved in since then. I really can't imagine my life without that experience and every friend, challenge to grow, and closest to Christ moment that goes with it. I know God is with me on all my 4th days and I am thankful.

I'm excited to join the Board and am looking forward to the next set of walks in Wichita this fall. It's time to start thinking and praying about who you can invite to take part in this 72 hours of uninterrupted time with God. DeColores!

Donna Wohler, Registrar

SNACKS

Every few years I need to be pepped up; therefore, when I heard about the Emmaus walk I was ready to go. When I went into candlelight and closing, I was amazed to see all those people who came; then to hear that they had prayed for us. The letters were amazing from friends and family. If you go back and reread them in a year or two you can cry all over. The whole walk was the most overwhelming experience I have ever had. When I see others from the walks I am sure they must have had some of the same feelings. Judi McKinney, Snacks

Past, Present and Future...

PAST: Do you remember your Walk to Emmaus? What was your favorite part? I remember my April 1996 walk. What touched me the most was ALL that was done for us by so many. The conference room team was visible, the "Angel" team was not, yet all worked together to make it a great walk.

PRESENT: Being new to the Bread of Life Community Board, I've learned that many things are quite different from what I was used to in another area. What is the same is the need for many servants working to help make our walks successful.

FUTURE: Can you pray? Can you make or help serve food or clean up? Can you help set up and take down tables for a walk? Will you make Agape items or help distribute them? (Remember how excited you were to see what would come next?)

If you feel called to help in these or other ways, please let us know. Look for contact information elsewhere in the Crumbs. You'll truly be a blessing. We are looking forward to hearing from YOU!

DeColores! Frances Steele, 4th Day

REUNION GROUPS

Are U in a Reunion Group? They are an important part of our 4th Day spiritual journey. Would you like to be in one? If so, contact your sponsor or contact me for needed information. If you are in a Reunion Group, PLEASE contact me with your information: name of group, contact person, time and place of meeting so that we can encourage new and seasoned pilgrims. DeColores!

Frances Steele, 4th Day Coordinator

14200 W Onewood Place #3, Wichita, KS 67235-3416 316-768-6407

email: fstealeinks@gmail.com

“When he had washed their feet and put on his outer garments, and resumed his place, he said to them. “Do you understand what I have done to you? You call me Teacher and Lord, and you are right, for so I am. If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet.” John 13:12-13

Greetings, Bread of Life Community! Welcome to the Bread of Life to those pilgrims fresh off the Spring 2019 walks in Garden City! Thank you for taking time to be part of this great group known as Emmaus.

I shared the scripture above as it was fresh in my mind from a Lenten Bible study offered in my church. I am reminded the reason we serve others is He serves us! Our community is struggling currently to find leadership in all roles of the community. Simple servanthood on walk weekends to individuals with talents in the many aspects of the walk weekends is needed. I so vividly remember as a pilgrim the sheer number of people that I did not know who had taken time to cook, clean, offer and care for me with gifts of agape on my walk weekend.

I would encourage you to reflect back to your pilgrim walk and even prior to your walk when a sponsor shared the agape gift of the walk with you. Would you be willing to spend a couple of weekends offering in the same way this fall?

While the Fall 2019 walks are set, the board will continue to struggle to hold two sets of walks each year without a significant number of the community willing to step up and serve! We serve a large geographic area and this will have significant impact on our future if we are not able to find enough committed help to move forward. If you have a desire to work during the walk weekend(s), please let any of us on the board know. Our contacts are throughout this news letter.

Finally, thank you for taking time to be involved in Emmaus and participating. If you are a new member of the community, the fall walks are your first opportunity to serve! All members of the community are always welcome to come and help and share to make this a memorable time for the pilgrims who are attending!

Ralph T. Goodnight, Team Selection Chair

1200 W Kingman Ave.

Lakin, KS 67860

620-271-4643

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When I was sitting in the pew at closing on my walk, I was the last to go to the podium. I did not know what I was going to say. My brother had had a mountaintop experience, and I had **anticipated** I would experience the same. When was it going to happen was a thought I had many times during my walk. I now understand why we are told not to anticipate. God knew my mountaintop experience was a long climb ahead. I am so thankful for those 72 hours that were the beginning of a beautiful spiritual climb. Today I am no longer a simmering pot but a boiling pot, ready for whatever God has in store for me. Each person will have the experience God has planned for him or her. I went back to work behind the scenes afterwards and have made some very dear friends while clearing dirty dishes off the tables or while washing dishes. I have helped prepare meals by cutting up veggies, baking cakes, and many other necessary parts of feeding the pilgrims and team. I love helping in the prayer room. What a beautiful time we spend praying over a speaker before a talk, praying for them while they speak, and then celebrating with them when the talk is done. Helping build the balloon rainbow is lots of fun and if you like to color, you can always make place mats in the agape room. I always look forward to seeing friends behind the scenes and lately I have been missing some. Many in our community have missed out on so many wonderful memories by not participating and **we miss you**. The walks are in Wichita at Pleasant Valley the first two weekends in October. I hope to see you there!

Marsha Jarboe, Treasurer email: music_loverus@yahoo.com

What does the Walk to Emmaus mean to me? How do you answer that question? When something has touched your life so deeply, and has challenged you to get out of the boat? How do you put those feelings down in words?

The Walk to Emmaus for me was a spiritual awakening. Knowing you are a child of God and following His calling are two different things. Knowing that He extends His grace to you over and over and over again. No matter what shortcomings you may have or feel that you have. God is always there, always present, and most important, leading you into areas of ministry in your day to day life. Sometimes those situations are uncomfortable, but when we keep our eyes on Jesus and get out of the boat, He can work in ways that we cannot comprehend. I learned, and continue to learn, that I have to look to Him in all things. I learned that I am called to extend grace to others in the same way that grace has been offered to me.

Why do I stay involved in the Walk to Emmaus? Each walk renews my spirit. It reminds me of what I am called to do. Watching the pilgrims at each walk, you see Christ moving and equipping the church to be the church. You see lives changed right before your eyes.

I want to personally invite you to come participate behind the scenes in the next set of walks. The transformation of the pilgrims happens throughout the weekend--come be part of that transformation. Come to send off and watch the pilgrims leave the room. Come help prepare a meal or two, and if able, serve a meal. Come spend time in the prayer room. Come to candlelight service. Come to closing and listen to the pilgrims share "what the walk has meant to them" and "what they are going to do about it." And in the midst of all that, remember your own walk and renew that calling within your own life. DeColores!

Carol M. Middleton, Prayer Room Coordinator



Bread of Life

Walk to Emmaus

1600 W. 27th Street North, Wichita, Kansas
65204

We're on the web and on Facebook:

www.breadoflifecommunity.com

<http://www.facebook.com/BreadOfLifeWalkToEmmausCommunity>

Monthly Gatherings of the Emmaus Community

Cunningham – contact Kathy Albers at kalbers49@cox.net or 620-298-2725

Douglass – Spirit & Truth Community – 4th Monday 6:30 p.m., 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. firstchurch99@yahoo.com

East Wichita Reunion Group meets 7 a.m. Tuesdays at Panera - 3337 E Central, Wichita
Contact: Beth Strickler strickler.beth@gmail.com 316-210-5103

Edwards County – Kinsley UMC or Lewis UMC – 3rd Thurs. Alternates between Kinsley and Lewis; meet at 7:00 p.m. 620-659-2273

Garden City – 1st UMC Main and Kansas Avenue. 3rd Sat. – Meet at 7:00 p.m. upstairs room 214.

Norton – 1st UMC 3rd Saturday at 6:00 p.m., contact Larry King 785-871-7490

Halstead – 1st Saturday Contact Bryce Beckett 316-259-6861

Haysville – After Services 3rd Sunday Contact Sandy Stout at swstout@cox.net

Haviland – Haviland Friends Church – currently not active. Contact Logan Vandenhook, 620-862-5617

Hutchinson – times and locations vary. Contact Barbara Gray, 620-664-6560 or baelgray@sbcglobal.net

Lakin/Deerfield - Deerfield UMC and Lakin UMC (Alternate mo) – 2nd Sun. meet at 1 p.m. Lunch provided.. Contact Barb Jarboe 620-355-6204 or Jessica Katz 620-426-7602

Larned – 4th Mon. 6 p.m. at the Larned United Methodist Church. Fellowship to follow. Contact Rev. Bethann Black (620) 285-3183 or at revbethann@cox.net

Leoti – 1st and 3rd Sunday at 7:00 p.m., Leoti UMC.

Quivira Community – Alden-Ellinwood – 2nd Thursday 7:00 p.m., alternating locations.
Contact Pam Beck at 620-564-3720

Salina/Lindsborg – Trinity UMC, 901 E. Neal – 2nd Sun. Meet from 4 p.m. to 6 p.m. Contact Pastor Bill

Topeka/Sonflower Emmaus Community – 2nd Sat. Location varies; for further info, contact sonfloweremmaus@cox.net

Wichita Reflection Reunion Group – Contact Pat Johnson wpat1940@gmail.com

Is your community gathering not listed? Send information to Marsha Jarboe. Email: music_loverus@yahoo.com