



Volume 32, Issue 4  
December, 2018

# The Bread of Life Walk to Emmaus

## CRUMBS

FROM COMMUNITY LAY LEADER

### NEXT WALKS

**Men's Walk  
#133  
February  
21-24, 2019**

**Women's Walk  
#134  
February 28-  
March 3, 2019**

**Both walks will  
Be at the  
GARDEN CITY  
UNITED  
METHODIST  
CHURCH**

**Applications  
and sponsorship  
information  
available on the  
Bread of Life  
community  
website.**

**"Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me." John 12:26.**

Greetings Bread of Life Community!

Welcome to the Bread of Life to those pilgrims fresh off the Fall 2018 walks in Wichita! Thank you for taking time to be part of this great group known as Emmaus!

Your Emmaus Board is taking steps to prepare for the Spring Walks in Garden City at the end of February in 2019. New Director and Team Manuals have been written by Upper Room and Bread of Life plans to use them for the Spring Walks. We will ask team member to purchase the team manual (\$5.00) and they may use them as they serve on subsequent teams. The Bread of Life will keep additional copies on hand as we know they sometimes become misplaced.

As we approach the end of calendar year 2018, there are several positions on the board that will need to be filled. We have not been successful in finding nominees so we are asking local communities to assist us by forwarding names of those active in local communities that would be willing to serve on the Bread of Life Emmaus Board for a three (3) year term. Please let me (Ralph Goodnight), Larry King, or Marsha Jarboe know of these names soon!

I have appreciated serving this year as your Community Lay Director and Board Chairman, while I will continue on the board for another year, I move to a Team Selection Chair position and Larry King will succeed me in the Community Lay Director/ Board Chair position. My prayer is for blessings and best wishes to Larry as he leads the Bread of Life Emmaus Group through the next year.

Finally, thank you for taking time to be involved in Emmaus and participating. If you are a new member of the community, the spring walks are your first opportunity to serve! All members of the community are always welcome to come and help and share to make this a memorable time for the pilgrims who are attending!

From my family to yours, Merry Christmas and a Happy New Year!

DeColores!

Ralph T. Goodnight, Community Lay Director, 1200 W. Kingman Ave,  
Lakin, Kansas 620-271-4643, email: thrope@pld.com

## FROM OUR SPIRITUAL DIRECTOR

### New Beginning and Fresh Start 2019

The turn of another year signals the passage of time and reminds us that we live within the time and space limitations set by God. Three thousand years ago, King David understood the boundaries of life on earth when he said in Psalm 139:16 “All the days ordained for me were written in your book before one of them came to be.”

Nobody has an unlimited account in the bank of time. Since everyone has a finite amount of time to spend, on what should it be spent?

Allow me to give you a spiritual check list of what you could do to make 2019 the best year to date.

1. Maintain a regular prayer time each day.
2. Read through the bible in 2019
3. Make practical plans to show love to your neighbor.
4. Release someone who has hurt you from their wrongdoing.
5. Forgive yourself and don't turn back for another look.
6. Choose to be thankful in every circumstance.
7. Take a risk and learn something new.
8. Trust in God for what you cannot see.
9. Keep a prayer journal.
10. Suffer affliction without complaining.

It's been said that an optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves. Join the ranks of forward thinkers who are filled with hope because they know the secret of Romans 8:28 “In all things God works for the good of those who love him, who have been called according to his purpose.

Pastor Joel Plisek  
Spiritual Director  
Bread of Life Emmaus Community

## FACILITIES

Greetings Emmaus Community:

We need to be praying for the walks as they are coming up soon. The Men's walk is Feb 21-24 and the Women's walk is Feb 28-March 3. The walks are in Garden City. We will be setting rooms up on Feb 20th.

In January I take over as the Chairman of the Board so we will be looking for someone that would like to take over Facilities. I will be there to help out for the Garden City walks to teach the new person. If any of you that have been on walks and would like to step up and be on the board please let me, Marsha Jarboe, or any board member know. We are looking for 5 new Board Members. It is rewarding and you get a renewed spirit for your faith. May the spirit bless you in your walk.

DeColores!  
Larry King  
Facilities & Vice Chairman  
bigbass67642@yahoo.com  
785-871-7490

HELP NEEDED AT SPRING WALKS – There is something for everybody to do—Send off, Kitchen, Agape, Prayer Room, Candlelight, Closing



## Nominating Committee

Merry Christmas and Happy New Year to all our Emmaus community!

I volunteered to chair the nominating committee for the Bread of Life board positions. You will have received an email blast that we are having problems filling the open positions on the board. We will not be able to continue having walks without a governing board.

Please pray for our community to be able to find board members! Prayer is our power source and we need some fires lit for board service!

Thank you very much in advance for focused prayers for our board!

Marsha Jarboe,  
Treasurer and Nominating Committee

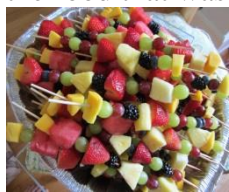
## SNACK LADIES

The last two walks at the Spiritual Life Center were a bit of a challenge because of the restrictions at the Center. But it got our creative juices flowing!. A wonderful couple came and helped us and in the process we made a wonderful friend!

That is one of the wonderful benefits coming to a walk and helping out.

Thank you for all of the food that was donated.

Can't wait to see you in Garden City!!!



Kim and Judy

## REGISTRAR:

I love this time of year. The season of Advent is such a great time to reflect on the amazing gift of Christ's birth. God's people had waited in expectation of their savior, maybe even anticipated it. Anticipation of things to come can be very exciting!

I am anticipating an amazing set of spring walks in Garden City (in which I plan to participate), as the teams are being formed, meeting times set, and lots of prayers are being sent up for the teams and potential pilgrims.

As I end this three year term on the Emmaus Board, I anticipate great new things to come with new board members! Please be praying about this and maybe even consider serving on the board for the next few years.

At Emmaus we tell pilgrims NOT to anticipate - just participate....I have LOVED participating in this amazing ministry and look forward (more anticipation?) to what the Lord has in store for The Bread of Life Emmaus in the future!

De Colores, Aimee Burch - registrar

## FROM CRUMBS EDITOR:

With this issue of Crumbs, I will complete my third year on the board. It has been my pleasure to serve on the Bread of Life Emmaus Board as Crumbs editor and recording secretary.

I have made some amazing friends by participating in Emmaus activities. I encourage you all to help with the Spring walks in Garden City.

Verda Dietz



Bread of Life

Walk to Emmaus

1600 W. 27th Street North, Wichita, Kansas  
65204

We're on the web and on Facebook:

[www.breadoflifecommunity.com](http://www.breadoflifecommunity.com)

<http://www.facebook.com/BreadOfLifeWalkToEmmausCommunity>

### **Monthly Gatherings of the Emmaus Community**

Cunningham – contact Kathy Albers at [kalbers49@cox.net](mailto:kalbers49@cox.net) or 620-298-2725

Douglass – Spirit & Truth Community – 4th Monday 6:30 p.m., 316-746-2913, Journey Christian Fellowship, 311 S. Hwy 77. [firstchurch99@yahoo.com](mailto:firstchurch99@yahoo.com)

East Wichita Reunion Group meets 7 a.m. Tuesdays at Panera - 3337 E Central, Wichita  
Contact: Beth Strickler [strickler.beth@gmail.com](mailto:strickler.beth@gmail.com) 316-210-5103

Edwards County – Kinsley UMC or Lewis UMC – 3rd Thurs. Alternates between Kinsley and Lewis; meet at 7:00 p.m. 620-659-2273

Garden City – 1st UMC Main and Kansas Avenue. 3rd Sat. – Meet at 7:00 p.m. upstairs room 214.

Norton – 1st UMC 3rd Saturday at 6:00 p.m., contact Pastor Lyn Lind.

Halstead – 1st Saturday Contact Bryce Beckett 316-259-6861

Haysville – After Services 3rd Sunday Contact Sandy Stout at [swstout@cox.net](mailto:swstout@cox.net)

Haviland – Haviland Friends Church – currently not active. Contact Logan Vandenhook, 620-862-5617

Hutchinson – times and locations vary. Contact Barbara Gray, 620-664-6560 or [baelgray@sbcglobal.net](mailto:baelgray@sbcglobal.net)

Lakin/Deerfield - Deerfield UMC – 2nd Sat. meet at 6 p.m. Bring snacks. Contact Barb Jarboe 620-355-6204 or Jessica Katz 620-426-7602

Larned – 4th Mon. 6 p.m. at the Larned United Methodist Church. Fellowship to follow. Contact Rev. Bethann Black (620) 285-3183 or at [revbethann@cox.net](mailto:revbethann@cox.net)

Leoti – 1st and 3rd Sunday at 7:00 p.m., Leoti UMC.

Marion County – Valley UMC – contact Bob or Anita Brookens, 620-382-3556 or Gary or Jo Ella Hett, 620-382-3887

Quivira Community – Alden-Ellinwood – 2nd Thursday 7:00 p.m., alternating locations. Contact Pam Beck at 620-564-3720

Salina/Lindsborg – Trinity UMC, 901 E. Neal – 2nd Sun. Meet from 4 p.m. to 6 p.m. Contact Pastor Bill

Topeka/Sonflower Emmaus Community – 2nd Sat. Location varies; for further info, contact [sonfloweremmaus@cox.net](mailto:sonfloweremmaus@cox.net)

Wichita Reflection Reunion Group – Contact Pat Johnson [pjohn3382@cox.net](mailto:pjohn3382@cox.net)

Is your community gathering not listed? Send information to Verda Dietz at [dietz@pld.com](mailto:dietz@pld.com)